

## **At home**

The internet can be a wonderful tool and should be embraced as such, but as parents and carers we also need to be aware of how to keep our children safe online. The technology that children use can be daunting and is changing every day. You might worry about the risks that your children face online – such as cyber bullying, contact from strangers or the possibility of them viewing inappropriate or illegal content.

It is important to engage with your children regarding their internet use while at home. Open and honest conversation is the best way to keep you and your children safe and informed. If you're not sure where to begin, here are some useful conversation starter ideas from the [UK safer internet centre](#):

- Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
- Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
- Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
- Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
- Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

You might find it helpful to come up with a [family agreement](#) on internet use. This can be a great way to open up a conversation about constructive and safe ways to use the internet.

## **Student resources**

The internet is a brilliant resource but you need to make sure that you are using it in a way that keeps you safe. Have a go at these activities to test and hone your knowledge. Maybe you could talk to a trusted adult about what you have looked at.

### **KS1**

- [A video to watch \(e-safety campaign\)](#).
- [A video to watch \(Lee and Kim\)](#).
- [A video to watch \(take a minute – switch off\)](#)
- [An interactive story](#).
- [Information for 4-7 year olds](#).
- [A quiz to do](#) (try it with your parent or carer!)

### **Lower KS2**

- [A video to watch \(the adventures of Kara and SMART\)](#).
- [Are you SMART online?](#)
- [A quiz to do \(safer internet day\)](#).
- [Digital friendships quiz](#).
- [A game to play \(bandrunner\)](#)

### **Upper KS2**

- [A game to play \(cyber criminals\)](#) (note – requires adobe flash)
- [A video to watch \(the lost princess\)](#).
- [A video to watch \(newsround Q&A\)](#)
- [CBBC be safe section](#)
- [Internet safety quiz](#)
- [A quiz to do \(consent\)](#)

### **Children's search engines**

[Swiggle](#) - education search engine and resource site for children.

[Kiddle](#) - safe, visual search engine for children (functions similarly to google).

[Kidrex](#) – safe search for kids, by kids.

[Wackysafe](#) – Microsoft's version of a children's search engine. Also available as an app.

[Kids Youtube](#) – currently available as an app, contains filters to ensure only age appropriate content is available.

### **Parent resources**

[Family agreement document](#)

[Leaflets](#) on e-safety issues, including age guides, balancing screen time, tech use guides and online safety

[NetAware](#) guidance and search tool for different apps.

[How to keep your child safe on their smartphone.](#)

[Jessie and Friends](#) – Online safety information for 4-7 year olds.

[Childnet's](#) e-safety leaflet for parents and carers

### **Quick links**

Here are some quick links for websites that have loads of useful information:

[NSPCC NetAware](#)

[Safer Internet](#)

[Childnet](#)

[Internet Matters](#)

[CEOP Police](#)

[ThinkUKnow](#)

### **At school**

As part of our computing curriculum, children have access to the internet in teacher supervised lessons. All year groups follow a computing and safeguarding curriculum and participate in regular e-safety lessons. Teachers are regularly updated on current e-safety issues. If you have any concerns, please contact your child's teacher. A copy of our safeguarding policy can be accessed [here](#).

Our safeguarding lead is Lise Boshier. Our safeguarding governor is Anna Ballance and our e-safety governor is Rob Green.